

What you do today can improve all your tomorrows

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FEELING MOTIVATED
while **organising can be a challenge.**
Jobs can seem endless but **narrowing your focus helps**



THE NATURE OF HOME

APRIL 2024 - WEEK 1

GREEN LIVING

Top Tips to Start You Off

1. Visualise the end result
2. Grow new habits - creating novel behaviours, through small and simple changes, encourages us to do them more frequently
3. Remember, we're not aiming for perfection, only consistency
4. Make it fun - queue up some nostalgic music or be kind to yourself and order a take away afterwards
5. Begin with an easy win - start with a task that your find easy or enjoy!

At **Heyworth Gordon** we understand how to combine function and style to form your unique home



HEYWORTH GORDON —