

THE NATURE OF HOME

APRIL 2024 - WEEK 3

Top Tips to Start You Off

- 1. Biophilic Design focuses on creating a calming space with a visual connection to nature while improving wellbeing, health and productivity.
- Declutter vases and then wash them. Pick some flowers and place them, it will brighten every existing interior
- 3. Swap over soft furnishings and accessories, like cushions, blankets and scents
- 4. Make bold colourful changes by painting small areas in your favourite colours - a tester pot can refresh a stool or window recess with new life

GREEN LIVING

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